

Vein, Vein, Go Away

Unightly and unhealthy, purple veins snaking up one's calves is the kind of thing most people try to ignore - until pain and vanity finally wear them down. Dr. Michael Leary knows that people have a negative perception of venous disease treatment. "There are a large number of patients that have been hesitant to get treatment of their varicose veins in the past because they thought they would have to undergo painful surgical procedures with a long recovery time."

"Now the endovenous laser offers them a more effective non-surgical treatment with little or no pain or down time. The treatment is done here in the office. It takes less than an hour, and there's no general anesthesia. They can drive themselves to the office and drive themselves home."

At California Vein Specialists, Dr. Leary combines medical and cosmetic venous procedures, providing patients with the total treatment package. "While some practitioners concentrate on venous disease, they don't follow through with the cosmetic element to help the patient's leg look normal again. We do everything, from improving the disease to completing the treatment by eliminating spider veins and treating other physical issues," says Dr. Leary.

Phlebology is the branch of medicine that deals with veins and their diseases. Varicose veins, spider veins, and unsightly facial capillaries represent damaged veins with leaking internal valves. Left untreated, varicose and spider veins progressively worsen, potentially leading to swelling, discoloration and ulcerations.

Dr. Leary estimates that about 70 percent of his patients come in for medical reasons and the remaining 30 percent for cosmetic purposes. Dr. Leary finds satisfaction in having a practice that dramatically improves patients' quality of life: "From assisting truly disabled patients, such as those who can't stand for more than five minutes without pain, to eliminating veins that trouble women who hide their beautiful legs out of embarrassment - our work has a profound impact on many individuals."

New advances in laser technology have given way to noninvasive procedures. Venous disease is no longer treated with vein stripping. Options now include endovenous laser ablation (EVLA), the treatment through which a small laser fiber eliminates varicose veins at the source and provides immediate relief of symptoms. EVLA has a higher success rate, lower risks of post-surgical complications, causes less discomfort to patients, and has a much shorter recovery time than the vein-stripping procedure.

"Venous disease has been under-addressed by the medical community in the past. Oftentimes, patients with venous issues are told by their physicians, 'This is something you'll have to live with.' Because the medical community at large isn't generally focused on venous disease, many physicians simply aren't aware of the newer treatments that are available. Through training I am able to show them the many options that their patients have."

Dr. Leary and his staff have garnered a tremendous reputation. He has patients that come not only as far as from across the nation, but from overseas as well. His knowledge, skill, and caring staff place him in high demand - he performs over 40 procedures a month. Dr. Leary obtains satisfaction by staying current on all developments within his field and ensuring that people with venous disease get the best treatment possible.

He also takes pride in the service his patients receive: "I do excellent work, but we also provide exceptional follow-up and care.

That has made a notable difference." Dr. Leary can be reached at California Vein Specialists, 400 Westminster Ave., Newport Beach, CA 92663 by calling (949) 515-9377 or visit www.EZVeinsOC.com



J. Michael Leary M.D. FACEP CALIFORNIA VEIN SPECIALISTS

the resumé

J. MICHAEL LEARY, M.D.
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Dr. Leary has practiced phlebology since 2000, when he opened his first vein practice in Palm Desert. In 2003, he opened a practice in Newport Beach. Dr. Leary has had a long successful career in emergency medicine. He practiced in a level one trauma center, where he taught emergency medicine and also was director of emergency services. He had a faculty appointment from the University of Virginia. He was also a senior partner at prestigious Eisenhower Medical Center. His interest in vein treatments developed during his practice of Emergency Medicine. Dr. John Bergan, who is one of the world's foremost authorities on venous disease, acted as his mentor and Dr. Leary spent many days in his office in the operating room. Dr. Bergan's dedication to teaching really helped fuel Dr. Leary's interest in venous disease and Phlebology. Dr. Leary says, "I owe my successful career in phlebology to him."

As a member of the American College of Phlebology, Dr. Leary has been at the forefront of the field and is a nationally recognized trainer in intravenous procedures. He is Board Certified in Phlebology and a Diplomat of American Board of Phlebology. He has also been selected by the American College of Phlebology as a national physician preceptor for training physicians in endovenous technology and phlebology.

